



CITY OF HULL ATHLETIC CLUB www.cityofhullac.co.uk

NEWSLETTER – 11th MAY 2008 (previous 19.3.08)

City of Hull AC – Committee Members

Ray Pearson, President. Steve Holmes, Secretary. Kevin McManus, Treasurer. Dave Brooke, Champagne League. Bob Thompson, Men's Captain. Tania Cream, Ladies Captain. Derek Ricketts, Vets Captain. Pete Taylor, Results. Bob Dennison, Membership. Chris Duffey. Paul Body. Fiona Robinson. Claire Nicholson. Club Kit - Mike Beadle and Helen Sampson.

Ladies Captain & Vice Captain

Nicky Moore has been appointed Ladies Vice Captain to assist Tania. We wish her good luck in her new role.

Annual General Meeting

This years AGM held on Friday 25th April at Haltemprice Sports Centre Café, was attended by 24 members. All committee members were re-elected unopposed. It was also agreed to increase subscriptions from £10 to £12 due to an increase in the fees we pay UK Athletics from £2 to £5 per member.

Subscriptions – NOW DUE £12

Owing to an increase in the fees we have to pay UK Athletics for each member, it was decided at the recent AGM that subs be increased from £10 to £12 per member as from 25th April 2008. If you have not yet paid, please do so asap, to Bob Dennison.

Mablethorpe – 10k 10.00am, Half Marathon 9.45am & Full Marathon 9.30am, Sunday 14th Sept 08

After last years success we will again be organising a free coach trip to the Mablethorpe race day; leaving Hull at 7.00am and arriving back again at 6.00pm at Haltemprice. If you are interested, please contact Steve Holmes as soon as possible phone 353647 or email stevecoh@hotmail.com.

Day Long Cycle Ride with Steve Holmes

I am organising a day long cycle ride on Saturday 28th June, leaving Haltemprice at 8.30am. Cycling towards South Cave, North Cave, North Cliffe and stopping for morning coffee at a cafe on the A614, near Market Weighton. Heading off towards Everingham, Melbourne, Sutton on Derwent, Elvington, Wheldrake, Howden, Gilberdyke, Newport, North Cave, South Cave and back to Haltemprice. The route is approximately 70 to 80 miles. We will stop for lunch at a suitable pub on routed. If you are interested, please let me know, phone 353647 or email stevecoh@hotmail.com

Saturday Morning Cycle Rides

Now the fine weather is here, we have started our Saturday morning cycle rides; usually completing 20 to 30 miles in 2 hours, setting off at 8.30am from various locations. All are welcome and for more information contact either, Steve Holmes (as above) or Mark Robinson (tel 651428)

Harewood House Chase 10k, Sunday 8th June – Ladies race 10.30am & Mens race 11.00am

Captain Bob is rallying people around to take part in the above race(s). If you are interested, please see Bob for entry forms (closing date 28th May). So far we have several people who are definitely going and weather permitting we shall be having a picnic and Steve is providing the wine!

CoH – Humber Bridge 10K & Fun Run – Sunday 1st June 2008, 11.00am - HELPERS NEEDED

Preparations are now well advanced for this years CoH Humber Bridge 10k race. Entries received so far would indicate that we will reach our expected limit of 500. If you would like to help out with this race; eg, water station, marshalling or timekeeping, please contact Steve Holmes on 353647.

100

100

100

100

100



Supported by ELDC

MABLETHORPE MARATHON FESTIVAL of RUNNING 2008

UKA AFFILIATED (Permits applied for)
Incorporating: Mablethorpe Running Club



MARATHON (26.2 miles) : HALF MARATHON (13.1 miles)
& 10 KILOMETRES (6.2 miles Run or Walk)

SUNDAY 14TH SEPTEMBER 2008

REGISTRATION FORM

Please Print

First Name Surname Male/Female.

Address

.....Postcode

Tel:..... E-mail:.....

(Please insert your mobile phone number if you wish to receive your race result direct to your mobile)

Date of Birth Age on Race Day

Please tick[] the relevant race that you wish to enter (Permits applied for)

[] **Full Marathon** - Min. age 17 yrs - Normal Entry fee: **£27.00** * Affiliated Entry Fee: **£25:00**

Start: 09:30 am **Affiliated Club Name #.....**

[] **Half Marathon** - Min. age 17 yrs - Normal Entry fee: **£17.00** * Affiliated Entry Fee: **£15:00**

Start: 09:45 am **Affiliated Club Name:#**

[] **10K Run/Walk** - Min. age 15 yrs - Normal Entry fee: **£12.00** * Affiliated Entry Fee: **£10:00**

Start: 10.00 am **Affiliated Club Name:#.....**

A Commemorative Medal, Tee Shirt & Goody Bag will be given to all finishers on the day.
Individual Winners, Veterans and Club Trophies

Tee Shirt Size:
Small - Medium - Large
Please circle size

No. of People for Free* Pasta Party Saturday 13th September
* Runner and immediate family

Cheques payable to:- **"The Mablethorpe Marathon Foundation"**
38 The Strand, Mablethorpe, Lincs. LN12 1BQ

Closing Date:- All entries must be received by first post Friday 29th August 2008

You can also register via the website using the PayPal facility

NO ENTRIES TAKEN ON THE DAY

Declaration:-

On the day of the race I will be over the above stated min age and I am medically fit to run and enter at my own risk.
The organisers will not be held responsible for any injury, illness, loss or damage as a result of my participating in the event.

Signature Date /... ./.....

All correspondence to: The Registration Secretary
38 The Strand Mablethorpe. Lincs LN12 1BQ - 01507. 478590
Email: mabomarathon@aol.com
Website:-www.mablethorpeymarathon.org



Official Use :
RACE #.

