

## Champagne League 2026 Race 5 - Nutwood - 3.6 Miles - 19th May 2026

### Notes

- 1) Aim: For Race 5, the aim is to beat your handicap time by as much as possible.
- 2) If a runner did not complete Race 4 they do not receive a handicap time for Race 5 and are out of the handicap competition.
- 3) The handicap is the time in which the runner is estimated to complete the Race.
- 4) Points: The runner(s) beating their handicap by the biggest time receives 100 points, the runner(s) beating their handicap by the next biggest time gets 95, then 90 then the points decrease by one 89,88, ....down to 60, all remaining runners get basic 60 points.
- 5)

Bonus Points: 20 bonus points are awarded to the runner(s) with an actual run time closest to their handicap time (above or below) 10 bonus points are awarded to the runner(s) with the next closest to their handicap (above or below) N.B. If more than one runner receives the 20 point bonus there is no 10 point bonus awarded.

Position in Race 5 (Order crossed line)	Bib Number	Name	Club	Gender	Category	Actual Run time Race 5	Estimated Run Time 5 - Handicap	Actual time compared to handicap time. Over means ran slower than expected Under means ran faster than expected	Actual time compared to handicap time. Positive means ran slower than expected Negative means ran faster than expected	Position in handicap Race 5 Ranked by how much the runners beat their handicap	Points Awarded Race 5 * indicates includes bonus points (Based on how much beat handicap)	Total Pnts from 5 Races	In Yellow Jersey ? (Have to have completed all 5 Races)
1	104	Tom Bushby	City of Hull AC	M	M	00:21:30	00:21:00	Over by 00:00:30	i.e. 30 secs	40=	60	317	Y-5
2	22	Alex Czapl	City of Hull AC	M	M	00:22:34	00:22:00	Over by 00:00:34	i.e. 34 secs	48	60	255	N-4
3	148	Jack Routledge	White City Hull RRC	M	M	00:23:09	00:22:40	Over by 00:00:29	i.e. 29 secs	38=	60	315	Y-5
4	201	Gregan Clarkson	Kingston upon Hull AC	M	VM40	00:23:17	00:22:30	Over by 00:00:47	i.e. 47 secs	60=	60	315	Y-5
5	231	Lee Alcock	East Hull Harriers & AC	M	VM45	00:23:19	00:23:05	Over by 00:00:14	i.e. 14 secs	28=	65	340	Y-5
6	107	Simon Bishop	Beverley Athletic Club	M	VM45	00:23:23	00:23:10	Over by 00:00:13	i.e. 13 secs	27	66	321	Y-5
7	31	Aaron England	City of Hull AC	M	M	00:23:29	00:23:05	Over by 00:00:24	i.e. 24 secs	33	60	315	Y-5
8	81	Martin Smith	City of Hull AC	M	VM35	00:23:39	00:22:55	Over by 00:00:44	i.e. 44 secs	58=	60	315	Y-5
9	86	Adrian Bushby	City of Hull AC	M	VM55	00:23:50	00:23:55	Under by 00:00:05	i.e. -5 secs	19	74	329	Y-5
10	61	Naomi Wileman	City of Hull AC	F	F	00:23:58	00:24:25	Under by 00:00:27	i.e. -27 secs	8=	85	340	Y-5
11	65	Evan Bowers	City of Hull AC	M	M	00:24:23	00:25:00	Under by 00:00:37	i.e. -37 secs	5	88	381	Y-5
12	205	Jack Arnold	Kingston upon Hull AC	M	M	00:24:23	Did not complete Race 4 so no handicap set				60	120	N-2
13	82	Paul Brookes	City of Hull AC	M	VM35	00:24:35	00:23:55	Over by 00:00:40	i.e. 40 secs	56	60	329	Y-5
14	25	Jim Harlock	City of Hull AC	M	VM60	00:24:37	Did not complete Race 4 so no handicap set				60	135	N-2
15	78	Sherene Wilshere	City of Hull AC	F	VF35	00:24:44	00:24:00	Over by 00:00:44	i.e. 44 secs	58=	60	330	Y-5
16	210	Thomas Mawer	East Hull Harriers & AC	M	VM35	00:24:45	00:24:10	Over by 00:00:35	i.e. 35 secs	49	60	322	Y-5
17	121	David Morrison	Beverley Athletic Club	M	VM40	00:24:47	00:25:05	Under by 00:00:18	i.e. -18 secs	13	80	335	Y-5

18	228	Paul Teece	East Hull Harriers & AC	M	VM45	00:24:54	00:23:40	Over by	00:01:14	i.e. 74 secs	88=	60	315	Y-5
19	30	Joe Boyes	City of Hull AC	M	VM35	00:25:00	00:25:25	Under by	00:00:25	i.e. -25 secs	10	83	203	N-3
20	2	Rob Alexander-Duncan	City of Hull AC	M	VM45	00:25:11	00:25:15	Under by	00:00:04	i.e. -4 secs	20	73	328	Y-5
21	105	Jordan Greenwood	City of Hull AC	M	VM35	00:25:22	Did not complete Race 4 so no handicap set					60	195	N-3
22	67	Tim Savage	City of Hull AC	M	VM55	00:25:29	00:24:50	Over by	00:00:39	i.e. 39 secs	52=	60	315	Y-5
23	127	John Dawson	Beverley Athletic Club	M	VM40	00:25:45	00:25:20	Over by	00:00:25	i.e. 25 secs	34=	60	315	Y-5
24	27	Igor Manestar	City of Hull AC	M	VM40	00:25:53	00:23:45	Over by	00:02:08	i.e. 128 secs	130=	60	190	N-3
25	198	Martin Jones	Kingston upon Hull AC	M	VM40	00:25:56	00:26:30	Under by	00:00:34	i.e. -34 secs	7	86	341	Y-5
26	88	Daniel Scott	City of Hull AC	M	VM40	00:26:18	Did not complete Race 4 so no handicap set					60	255	N-4
27	87	Andy Hemmings	City of Hull AC	M	VM45	00:26:27	Did not complete Race 4 so no handicap set					60	195	N-3
28	1	Tom Foulds	City of Hull AC	M	VM35	00:26:33	00:26:50	Under by	00:00:17	i.e. -17 secs	14	79	334	Y-5
29	176	Tamsin Boynton	Goole Viking Striders	F	F	00:26:36	00:23:50	Over by	00:02:46	i.e. 166 secs	144=	60	332	Y-5
30	180	Joanna Donnelly	Selby Striders	F	VF45	00:26:44	Did not complete Race 4 so no handicap set					60	195	N-3
31	85	Pete Baker	City of Hull AC	M	VM45	00:26:55	00:26:25	Over by	00:00:30	i.e. 30 secs	40=	60	255	N-4
32	21	Steven Guymer	City of Hull AC	M	VM35	00:27:00	00:24:50	Over by	00:02:10	i.e. 130 secs	132=	60	315	Y-5
33	209	Alan Smith	East Hull Harriers & AC	M	VM55	00:27:03	00:27:00	Over by	00:00:03	i.e. 3 secs	24	69	324	Y-5
34	32	James Greenfield	City of Hull AC	M	M	00:27:09	00:26:20	Over by	00:00:49	i.e. 49 secs	63	60	315	Y-5
35	59	Paul Cartwright	City of Hull AC	M	VM65	00:27:15	00:27:15	Matched	00:00:00	i.e. 0 secs	22	91*	346	Y-5
36	128	Doug Sharp	Beverley Athletic Club	M	VM50	00:27:20	00:27:30	Under by	00:00:10	i.e. -10 secs	15=	78	363	Y-5
37	126	William Pike	Beverley Athletic Club	M	VM55	00:27:28	Did not complete Race 4 so no handicap set					60	255	N-4
38	271	Tom Jorna	Beverley Athletic Club	M	VM40	00:27:34	00:25:15	Over by	00:02:19	i.e. 139 secs	135	60	255	N-4
39	140	Simon Pick	Beverley Athletic Club	M	VM45	00:27:35	00:26:45	Over by	00:00:50	i.e. 50 secs	64=	60	315	Y-5
40	221	Robyn Allan	East Hull Harriers & AC	F	F	00:27:37	00:26:50	Over by	00:00:47	i.e. 47 secs	60=	60	315	Y-5
41	5	Carl Barnaby	City of Hull AC	M	VM40	00:27:40	00:28:00	Under by	00:00:20	i.e. -20 secs	12	81	276	N-4
42	143	David Elliott-Button	Beverley Athletic Club	M	VM40	00:27:43	00:27:45	Under by	00:00:02	i.e. -2 secs	21	82*	262	N-4
43	42	Sophie Lee	City of Hull AC	F	F	00:27:44	00:28:55	Under by	00:01:11	i.e. -71 secs	2	95	350	Y-5
44	179	Richard Harrison	Selby Striders	M	VM55	00:27:51	00:28:55	Under by	00:01:04	i.e. -64 secs	3	90	345	Y-5
45	233	Martin Hardey	East Hull Harriers & AC	M	VM50	00:28:05	00:27:15	Over by	00:00:50	i.e. 50 secs	64=	60	315	Y-5
46	255	Joseph Healy	Fitmums And Friends	M	M	00:28:18	00:25:50	Over by	00:02:28	i.e. 148 secs	138=	60	315	Y-5
47	165	Neil Bentley	Goole Viking Striders	M	VM50	00:28:20	00:27:20	Over by	00:01:00	i.e. 60 secs	77	60	325	Y-5
48	240	Richard Slack	East Hull Harriers & AC	M	VM50	00:28:22	00:27:15	Over by	00:01:07	i.e. 67 secs	80=	60	315	Y-5
49	174	Stuart Steels	Goole Viking Striders	M	VM35	00:28:25	00:27:15	Over by	00:01:10	i.e. 70 secs	84=	60	195	N-3
50	226	Mark Gadie	East Hull Harriers & AC	M	VM45	00:28:27	00:26:25	Over by	00:02:02	i.e. 122 secs	125	60	315	Y-5
51	138	Daniel Hammond	Beverley Athletic Club	M	VM50	00:28:27	00:29:10	Under by	00:00:43	i.e. -43 secs	4	89	269	N-4
52	215	Paul Poucher	East Hull Harriers & AC	M	VM60	00:28:31	00:27:35	Over by	00:00:56	i.e. 56 secs	75	60	255	N-4
53	99	Scott Blaza	City of Hull AC	M	VM40	00:28:32	00:28:30	Over by	00:00:02	i.e. 2 secs	23	80*	356	Y-5
54	227	Paul Nippress	East Hull Harriers & AC	M	VM60	00:28:38	00:28:10	Over by	00:00:28	i.e. 28 secs	37	60	315	Y-5
55	193	Neil Nicklin	Kingston upon Hull AC	M	VM40	00:28:42	00:28:35	Over by	00:00:07	i.e. 7 secs	25	68	349	Y-5
56	110	Andrew Johnson	Beverley Athletic Club	M	VM55	00:28:47	00:27:40	Over by	00:01:07	i.e. 67 secs	80=	60	315	Y-5
57	119	Bruce Woodford	Beverley Athletic Club	M	VM50	00:28:52	00:28:20	Over by	00:00:32	i.e. 32 secs	44	60	195	N-3
58	251	Samantha Graham	Fitmums And Friends	F	VF40	00:28:55	00:28:05	Over by	00:00:50	i.e. 50 secs	64=	60	320	Y-5
59	170	Gemma Oughtred	Goole Viking Striders	F	VF40	00:28:59	00:28:20	Over by	00:00:39	i.e. 39 secs	52=	60	315	Y-5

60	171	Tom Bramham	Goole Viking Striders	M	M	00:28:59	00:28:20	Over by	00:00:39	i.e. 39 secs	52=	60	315	Y-5
61	181	Martin Hutchinson	Bridlington Road Runners	M	VM55	00:29:05	00:27:25	Over by	00:01:40	i.e. 100 secs	103	60	315	Y-5
62	48	Paul Wilkinson	City of Hull AC	M	VM45	00:29:18	00:29:45	Under by	00:00:27	i.e. -27 secs	8=	85	367	Y-5
63	248	John Walker	Fitmums And Friends	M	VM60	00:29:24	00:28:30	Over by	00:00:54	i.e. 54 secs	73=	60	315	Y-5
64	259	Barrie Cracknell	Fitmums And Friends	F	VF55	00:29:34	00:29:05	Over by	00:00:29	i.e. 29 secs	38=	60	255	N-4
65	91	Jessica Khan	City of Hull AC	F	F	00:29:36	00:28:05	Over by	00:01:31	i.e. 91 secs	97	60	315	Y-5
66	41	Stephen Rennie	City of Hull AC	M	VM70	00:29:40	00:27:35	Over by	00:02:05	i.e. 125 secs	126=	60	331	Y-5
67	35	Matthew Wilkinson	City of Hull AC	M	VM45	00:29:42	00:28:00	Over by	00:01:42	i.e. 102 secs	104	60	364	Y-5
68	230	Phoebe Gawthorpe	East Hull Harriers & AC	F	F	00:29:47	00:28:55	Over by	00:00:52	i.e. 52 secs	69=	60	315	Y-5
69	60	Zoe Munday	City of Hull AC	F	VF40	00:29:50		Did not complete Race 4 so no handicap set				60	135	N-2
70	137	Paul Clark	Beverley Athletic Club	M	VM55	00:29:53	00:29:10	Over by	00:00:43	i.e. 43 secs	57	60	315	Y-5
71	18	Ruth Dalton	City of Hull AC	F	VF45	00:29:58	00:28:00	Over by	00:01:58	i.e. 118 secs	122	60	338	Y-5
72	204	Oliver Grindell	Kingston upon Hull AC	M	M	00:30:00		Did not complete Race 4 so no handicap set				60	195	N-3
73	44	Gemma Stephenson	City of Hull AC	F	VF40	00:30:02	00:29:10	Over by	00:00:52	i.e. 52 secs	69=	60	255	N-4
74	189	Paul Hutchings	Kingston upon Hull AC	M	VM40	00:30:04	00:29:25	Over by	00:00:39	i.e. 39 secs	52=	60	315	Y-5
75	234	Tony Alcock	East Hull Harriers & AC	M	VM60	00:30:06	00:28:55	Over by	00:01:11	i.e. 71 secs	87	60	315	Y-5
76	162	Katarzyna Szalecka	Goole Viking Striders	F	VF50	00:30:12	00:29:45	Over by	00:00:27	i.e. 27 secs	36	60	315	Y-5
77	153	Shaun McManus	White City Hull RRC	M	VM65	00:30:15	00:29:10	Over by	00:01:05	i.e. 65 secs	79	60	315	Y-5
78	194	Julian Collinson	Kingston upon Hull AC	M	VM40	00:30:18	00:30:00	Over by	00:00:18	i.e. 18 secs	31	62	317	Y-5
79	173	Martin Beecham	Goole Viking Striders	M	VM50	00:30:21		Did not complete Race 4 so no handicap set				60	255	N-4
80	237	Daniel Little	East Hull Harriers & AC	M	VM45	00:30:44		Did not complete Race 4 so no handicap set				60	255	N-4
81	200	Andrei Stefan	Kingston upon Hull AC	M	VM35	00:30:54	00:29:10	Over by	00:01:44	i.e. 104 secs	107=	60	317	Y-5
82	66	Kobus VanderWesthuizen	City of Hull AC	M	VM55	00:31:05	00:28:45	Over by	00:02:20	i.e. 140 secs	136	60	255	N-4
83	169	Richard Bramham	Goole Viking Striders	M	VM60	00:31:10	00:30:00	Over by	00:01:10	i.e. 70 secs	84=	60	350	Y-5
84	265	Rachel Clinton	West hull ladies	F	F	00:31:15		Did not complete Race 4 so no handicap set				60	255	N-4
85	132	Rebecca Whiting	Beverley Athletic Club	F	VF50	00:31:24	00:29:50	Over by	00:01:34	i.e. 94 secs	99	60	315	Y-5
86	118	Sam Allen	Beverley Athletic Club	F	VF50	00:31:25	00:30:35	Over by	00:00:50	i.e. 50 secs	64=	60	255	N-4
87	147	Marcus Pearson	White City Hull RRC	M	VM50	00:31:28	00:31:35	Under by	00:00:07	i.e. -7 secs	17	76	331	Y-5
88	28	Phil Jennings	City of Hull AC	M	VM60	00:31:37	00:30:45	Over by	00:00:52	i.e. 52 secs	69=	60	315	Y-5
89	7	Carl Horth	City of Hull AC	M	VM40	00:31:49	00:30:20	Over by	00:01:29	i.e. 89 secs	96	60	315	Y-5
90	57	Brian Lazenby	City of Hull AC	M	VM45	00:31:51	00:31:00	Over by	00:00:51	i.e. 51 secs	68	60	315	Y-5
91	92	Ian McCoid	City of Hull AC	M	VM60	00:31:58	00:29:50	Over by	00:02:08	i.e. 128 secs	130=	60	315	Y-5
92	149	Andrew Currie	White City Hull RRC	M	VM65	00:32:03	00:31:30	Over by	00:00:33	i.e. 33 secs	45=	60	240	N-4
93	68	Chloe Wilson	City of Hull AC	F	F	00:32:23	00:31:00	Over by	00:01:23	i.e. 83 secs	94=	60	335	Y-5
94	177	Susan Farr	Selby Striders	F	VF60	00:32:23		Did not complete Race 4 so no handicap set				60	275	N-4
95	218	Stephen Tichopad	East Hull Harriers & AC	M	VM55	00:32:28	00:31:40	Over by	00:00:48	i.e. 48 secs	62	60	195	N-3
96	246	Richard Alsop	East Hull Harriers & AC	M	VM65	00:32:28	00:31:20	Over by	00:01:08	i.e. 68 secs	82=	60	315	Y-5
97	254	Rachel Proctor	Fitmums And Friends	F	VF45	00:32:31	00:30:45	Over by	00:01:46	i.e. 106 secs	110=	60	315	Y-5
98	33	Tony Chapman	City of Hull AC	M	VM65	00:32:33	00:31:00	Over by	00:01:33	i.e. 93 secs	98	60	324	Y-5
99	15	Darryl Jones	City of Hull AC	M	VM55	00:32:34	00:31:15	Over by	00:01:19	i.e. 79 secs	91=	60	315	Y-5
100	97	Jacob Zobkiw	City of Hull AC	M	VM35	00:32:35		Did not complete Race 4 so no handicap set				60	288	N-4
101	103	Vanessa Smith	City of Hull AC	F	VF50	00:32:36	00:32:05	Over by	00:00:31	i.e. 31 secs	42=	60	315	Y-5

102	70	Ian Peskey	City of Hull AC	M	VM55	00:32:37	Did not complete Race 4 so no handicap set				60	195	N-3	
103	232	Andrew Heath	East Hull Harriers & AC	M	VM35	00:32:38	00:30:10	Over by	00:02:28	i.e. 148 secs	138=	60	315	Y-5
104	39	Dinah Ashbridge	City of Hull AC	F	VF50	00:32:39	00:31:45	Over by	00:00:54	i.e. 54 secs	73=	60	315	Y-5
105	90	Jan Suddaby	City of Hull AC	F	VF60	00:32:40	Did not complete Race 4 so no handicap set				60	120	N-2	
106	46	Carol Botterill	City of Hull AC	F	VF45	00:32:44	00:31:00	Over by	00:01:44	i.e. 104 secs	107=	60	344	Y-5
107	131	Fiona Holland	Beverley Athletic Club	F	VF55	00:32:47	00:32:25	Over by	00:00:22	i.e. 22 secs	32	61	316	Y-5
108	223	Freya Route	East Hull Harriers & AC	F	F	00:32:50	00:32:40	Over by	00:00:10	i.e. 10 secs	26	67	366	Y-5
109	168	Philippa Oldridge	Goole Viking Striders	F	F	00:32:55	00:29:50	Over by	00:03:05	i.e. 185 secs	147	60	255	N-4
110	80	Stacey Smith	City of Hull AC	F	VF35	00:33:00	00:33:10	Under by	00:00:10	i.e. -10 secs	15=	78	333	Y-5
111	157	Sophie Iannidindari	Barton and District AC	F	F	00:33:05	00:31:10	Over by	00:01:55	i.e. 115 secs	121	60	180	N-3
112	120	Andrew Tate	Beverley Athletic Club	M	VM60	00:33:13	00:31:30	Over by	00:01:43	i.e. 103 secs	105=	60	341	Y-5
113	161	James Williamson	Goole Viking Striders	M	M	00:33:26	00:31:40	Over by	00:01:46	i.e. 106 secs	110=	60	315	Y-5
114	262	Sara Ellis	West Hull Ladies	F	VF50	00:33:33	00:32:10	Over by	00:01:23	i.e. 83 secs	94=	60	315	Y-5
115	159	Rebecca Manchester	Barton and District AC	F	F	00:33:33	00:33:00	Over by	00:00:33	i.e. 33 secs	45=	60	315	Y-5
116	11	Isabel Davison	City of Hull AC	F	F	00:33:37	Did not complete Race 4 so no handicap set				60	180	N-3	
117	253	Paul Wood	Fitmums And Friends	M	VM40	00:33:40	00:33:25	Over by	00:00:15	i.e. 15 secs	30	63	322	Y-5
118	13	Jack Hearnshaw	City of Hull AC	M	M	00:33:41	00:31:35	Over by	00:02:06	i.e. 126 secs	128=	60	328	Y-5
119	139	Tina Newton	Beverley Athletic Club	F	VF60	00:33:43	00:31:00	Over by	00:02:43	i.e. 163 secs	142	60	315	Y-5
120	152	Ian Tasker	White City Hull RRC	M	VM50	00:33:43	Did not complete Race 4 so no handicap set				60	195	N-3	
121	17	Helen Alexander-Duncan	City of Hull AC	F	VF40	00:33:45	00:32:35	Over by	00:01:10	i.e. 70 secs	84=	60	344	Y-5
122	47	Brian Lee	City of Hull AC	M	VM60	00:33:54	00:32:35	Over by	00:01:19	i.e. 79 secs	91=	60	255	N-4
123	263	Lynne Parkin	West Hull Ladies	F	VF50	00:34:08	00:32:25	Over by	00:01:43	i.e. 103 secs	105=	60	240	N-4
124	222	Dave Braithwaite	East Hull Harriers & AC	M	VM55	00:34:19	00:32:20	Over by	00:01:59	i.e. 119 secs	123	60	315	Y-5
125	38	Louise Shafei	City of Hull AC	F	VF60	00:34:24	Did not complete Race 4 so no handicap set				60	257	N-4	
126	4	Lindi Day	City of Hull AC	F	VF50	00:34:26	00:33:50	Over by	00:00:36	i.e. 36 secs	50	60	344	Y-5
127	36	Kevin Penny	City of Hull AC	M	VM65	00:34:35	00:34:10	Over by	00:00:25	i.e. 25 secs	34=	60	315	Y-5
128	213	John Route	East Hull Harriers & AC	M	VM40	00:34:54	00:34:40	Over by	00:00:14	i.e. 14 secs	28=	65	320	Y-5
129	106	Paul Davis	City of Hull AC	M	VM50	00:34:57	00:34:00	Over by	00:00:57	i.e. 57 secs	76	60	315	Y-5
130	54	Patrick Walker	City of Hull AC	M	VM50	00:34:59	00:35:05	Under by	00:00:06	i.e. -6 secs	18	75	330	Y-5
131	178	Richard Freer	Selby Striders	M	VM60	00:35:02	00:34:10	Over by	00:00:52	i.e. 52 secs	69=	60	315	Y-5
132	45	Andrea Keen	City of Hull AC	F	VF50	00:35:06	00:34:05	Over by	00:01:01	i.e. 61 secs	78	60	335	Y-5
133	145	Peter Watkinson	Beverley Athletic Club	M	VM70	00:35:12	00:33:25	Over by	00:01:47	i.e. 107 secs	112=	60	344	Y-5
134	260	Rachel Whittaker	West Hull Ladies	F	VF45	00:35:16	Did not complete Race 4 so no handicap set				60	180	N-3	
135	37	Neil May	City of Hull AC	M	VM65	00:35:26	Did not complete Race 4 so no handicap set				60	120	N-2	
136	244	Sarah Padfield	East Hull Harriers & AC	F	VF40	00:35:35	00:33:25	Over by	00:02:10	i.e. 130 secs	132=	60	348	Y-5
137	207	Lily Blount	Kingston upon Hull AC	F	F	00:35:44	00:34:30	Over by	00:01:14	i.e. 74 secs	88=	60	200	N-3
138	239	Claire Price	East Hull Harriers & AC	F	VF50	00:35:48	Did not complete Race 4 so no handicap set				60	255	N-4	
139	258	Elizabeth Kilgour	Fitmums And Friends	F	VF45	00:36:07	00:34:50	Over by	00:01:17	i.e. 77 secs	90	60	324	Y-5
140	238	David Anderson	East Hull Harriers & AC	M	VM60	00:36:11	00:37:25	Under by	00:01:14	i.e. -74 secs	1	100	355	Y-5
141	208	Shirley Oglesby	East Hull Harriers & AC	F	VF70	00:36:14	00:34:20	Over by	00:01:54	i.e. 114 secs	120	60	360	Y-5
142	270	Aaron Larkin	White City Hull RRC	M	M	00:36:16	Did not complete Race 4 so no handicap set				60	255	N-4	
143	124	Stuart Eskrett	Beverley Athletic Club	M	VM60	00:36:18	00:35:45	Over by	00:00:33	i.e. 33 secs	45=	60	315	Y-5

144	261	Maria Diaz	West Hull Ladies	F	VF60	00:36:28	00:34:05	Over by	00:02:23	i.e. 143 secs	137	60	325	Y-5
145	89	Dawn Stockdale	City of Hull AC	F	VF55	00:36:34	00:33:50	Over by	00:02:44	i.e. 164 secs	143	60	331	Y-5
146	129	Sarah Fell	Beverley Athletic Club	F	VF50	00:36:35	00:34:50	Over by	00:01:45	i.e. 105 secs	109	60	325	Y-5
147	109	Rachael Hill	Beverley Athletic Club	F	VF45	00:36:40	00:34:40	Over by	00:02:00	i.e. 120 secs	124	60	249	N-4
148	43	Kate OBrien	City of Hull AC	F	VF35	00:37:00		Did not complete Race 4 so no handicap set				60	195	N-3
149	187	Linda Lees	Bridlington Road Runners	F	VF55	00:37:04	00:34:30	Over by	00:02:34	i.e. 154 secs	140	60	315	Y-5
150	151	Chris Ince	White City Hull RRC	M	VM50	00:37:06	00:34:00	Over by	00:03:06	i.e. 186 secs	148	60	315	Y-5
151	182	Heidi Baker	Bridlington Road Runners	F	VF45	00:37:15	00:32:25	Over by	00:04:50	i.e. 290 secs	161	60	334	Y-5
152	130	Allison Hayward	Beverley Athletic Club	F	VF55	00:37:16	00:35:55	Over by	00:01:21	i.e. 81 secs	93	60	344	Y-5
153	14	Suzie Hilton-Bell	City of Hull AC	F	VF50	00:37:17	00:35:30	Over by	00:01:47	i.e. 107 secs	112=	60	339	Y-5
154	136	Louise Waite	Beverley Athletic Club	F	VF50	00:37:23	00:36:15	Over by	00:01:08	i.e. 68 secs	82=	60	315	Y-5
155	12	Susan Fletcher	City of Hull AC	F	VF50	00:37:46		Did not complete Race 4 so no handicap set				60	200	N-3
156	95	Alix Hayes	City of Hull AC	F	F	00:37:47		Did not complete Race 4 so no handicap set				60	255	N-4
157	23	Naomi Prutton	City of Hull AC	F	VF45	00:37:55	00:36:05	Over by	00:01:50	i.e. 110 secs	116	60	240	N-4
158	9	Sarah Clague	City of Hull AC	F	VF45	00:37:56	00:36:05	Over by	00:01:51	i.e. 111 secs	117=	60	255	N-4
159	166	Joanna Brady	Goole Viking Striders	F	VF50	00:38:01	00:35:15	Over by	00:02:46	i.e. 166 secs	144=	60	340	Y-5
160	212	Louise Route	East Hull Harriers & AC	F	VF40	00:38:04	00:32:50	Over by	00:05:14	i.e. 314 secs	165	60	315	Y-5
161	192	Danny Elliott	Kingston upon Hull AC	M	VM35	00:38:05	00:35:15	Over by	00:02:50	i.e. 170 secs	146	60	348	Y-5
162	197	Vicky Price	Kingston upon Hull AC	F	F	00:38:06		Did not complete Race 4 so no handicap set				60	195	N-3
163	269	Nicki Woods	West Hull Ladies	F	VF50	00:38:11	00:36:20	Over by	00:01:51	i.e. 111 secs	117=	60	336	Y-5
164	108	Lynne Beer	Beverley Athletic Club	F	VF50	00:38:13	00:37:35	Over by	00:00:38	i.e. 38 secs	51	60	315	Y-5
165	220	Jayne Allan	East Hull Harriers & AC	F	VF50	00:38:15	00:34:00	Over by	00:04:15	i.e. 255 secs	157	60	315	Y-5
166	164	Sandy Midgley	Goole Viking Striders	F	VF60	00:38:16	00:37:45	Over by	00:00:31	i.e. 31 secs	42=	60	339	Y-5
167	63	Jack Caulfield	City of Hull AC	M	M	00:38:28		Did not complete Race 4 so no handicap set				60	255	N-4
168	250	Glenn Silburn	Fitmums And Friends	M	VM65	00:38:31	00:35:55	Over by	00:02:36	i.e. 156 secs	141	60	255	N-4
169	19	Mike OBrien	City of Hull AC	M	VM65	00:38:38	00:34:20	Over by	00:04:18	i.e. 258 secs	158	60	325	Y-5
170	172	Heather Seaton	Goole Viking Striders	F	VF50	00:38:44		Did not complete Race 4 so no handicap set				60	195	N-3
171	154	Debbie Smith	White City Hull RRC	F	VF50	00:38:47	00:36:35	Over by	00:02:12	i.e. 132 secs	134	60	360	Y-5
172	141	Jackie Hardman	Beverley Athletic Club	F	VF70	00:38:53	00:37:00	Over by	00:01:53	i.e. 113 secs	119	60	290	N-4
173	71	Anne Bakker	City of Hull AC	F	VF70	00:39:03	00:39:25	Under by	00:00:22	i.e. -22 secs	11	82	337	Y-5
174	202	Lewis Hudson	Kingston upon Hull AC	M	M	00:39:27	00:34:30	Over by	00:04:57	i.e. 297 secs	162	60	315	Y-5
175	243	Gary Oades	East Hull Harriers & AC	M	VM65	00:39:39	00:38:00	Over by	00:01:39	i.e. 99 secs	102	60	317	Y-5
176	257	Tamara Rutter	Fitmums And Friends	F	VF40	00:39:50	00:35:55	Over by	00:03:55	i.e. 235 secs	155	60	344	Y-5
177	167	Simon Dickinson	Goole Viking Striders	M	VM55	00:40:02	00:35:55	Over by	00:04:07	i.e. 247 secs	156	60	315	Y-5
178	113	Megan Chown	Beverley Athletic Club	F	F	00:40:07	00:35:35	Over by	00:04:32	i.e. 272 secs	159	60	315	Y-5
179	6	Karl Proctor	City of Hull AC	M	VM55	00:40:42	00:35:55	Over by	00:04:47	i.e. 287 secs	160	60	344	Y-5
180	185	Dominique Webster	Bridlington Road Runners	F	VF50	00:40:56	00:35:55	Over by	00:05:01	i.e. 301 secs	163	60	315	Y-5
181	191	Jodie Skerratt	Kingston upon Hull AC	F	F	00:41:05	00:39:30	Over by	00:01:35	i.e. 95 secs	100=	60	342	Y-5
182	247	Danielle Pinder	Fitmums And Friends	F	F	00:41:27	00:36:00	Over by	00:05:27	i.e. 327 secs	166	60	343	Y-5
183	134	Kay Farrow	Beverley Athletic Club	F	VF65	00:41:43	00:38:25	Over by	00:03:18	i.e. 198 secs	149	60	255	N-4
184	24	Eileen Henderson	City of Hull AC	F	VF65	00:42:10	00:40:05	Over by	00:02:05	i.e. 125 secs	126=	60	315	Y-5
185	219	Stephen Cronan	East Hull Harriers & AC	M	VM70	00:42:24	00:43:00	Under by	00:00:36	i.e. -36 secs	6	87	342	Y-5

186	72	Anita Akmentina	City of Hull AC	F	VF45	00:42:42	Did not complete Race 4 so no handicap set				60	255	N-4	
187	184	David Foster	Bridlington Road Runners	M	VM65	00:42:49	00:41:00	Over by	00:01:49	i.e. 109 secs	115	60	324	Y-5
188	217	Dawn Oades	East Hull Harriers & AC	F	VF45	00:42:59	Did not complete Race 4 so no handicap set				60	288	N-4	
189	10	Sue Reast	City of Hull AC	F	VF60	00:43:21	Did not complete Race 4 so no handicap set				60	259	N-4	
190	8	Kevin McManus	City of Hull AC	M	VM70	00:43:48	00:40:25	Over by	00:03:23	i.e. 203 secs	150	60	315	Y-5
191	190	Daniel Shipley	Kingston upon Hull AC	M	VM35	00:43:52	00:40:15	Over by	00:03:37	i.e. 217 secs	153	60	338	Y-5
192	77	Chris Hemingway	City of Hull AC	F	VF65	00:44:07	00:40:35	Over by	00:03:32	i.e. 212 secs	151	60	327	Y-5
193	76	Sarah Tock	City of Hull AC	F	VF50	00:45:00	00:39:15	Over by	00:05:45	i.e. 345 secs	169	60	347	Y-5
194	75	Anthony Whitley	City of Hull AC	M	VM60	00:45:01	00:35:35	Over by	00:09:26	i.e. 566 secs	173	60	333	Y-5
195	199	Graham Gibson	Kingston upon Hull AC	M	VM55	00:46:33	00:39:45	Over by	00:06:48	i.e. 408 secs	171	60	280	N-4
196	155	Graham Naylor	White City Hull RRC	M	VM75	00:46:45	00:40:40	Over by	00:06:05	i.e. 365 secs	170	60	330	Y-5
197	135	Debbie Levitt	Beverley Athletic Club	F	VF55	00:47:13	00:42:05	Over by	00:05:08	i.e. 308 secs	164	60	334	Y-5
198	195	Paul Clarke	Kingston upon Hull AC	M	VM75	00:47:52	00:40:55	Over by	00:06:57	i.e. 417 secs	172	60	346	Y-5
199	112	Cat Williamson	Beverley Athletic Club	F	VF65	00:48:11	00:46:05	Over by	00:02:06	i.e. 126 secs	128=	60	315	Y-5
200	117	Hollie Oxtoby	Beverley Athletic Club	F	VF35	00:48:15	00:44:40	Over by	00:03:35	i.e. 215 secs	152	60	321	Y-5
201	133	Jacqui Dickinson	Beverley Athletic Club	F	VF65	00:48:22	00:46:35	Over by	00:01:47	i.e. 107 secs	112=	60	255	N-4
202	16	Katie May	City of Hull AC	F	VF60	00:48:35	00:47:00	Over by	00:01:35	i.e. 95 secs	100=	60	320	Y-5
203	26	Stephen Coveney	City of Hull AC	M	VM70	00:49:13	Not in the handicap competition				60	318	Y-5	
204	150	Les Taylor	White City Hull RRC	M	VM75	00:49:27	Did not complete Race 4 so no handicap set				60	268	N-4	
205	203	Martin O'Neill	Kingston upon Hull AC	M	VM45	00:52:42	00:49:00	Over by	00:03:42	i.e. 222 secs	154	60	315	Y-5
206	266	Angela Salisbury	West Hull Ladies	F	VF55	00:53:32	00:47:55	Over by	00:05:37	i.e. 337 secs	168	60	195	N-3
207	264	Suzanne Clarkson	West Hull Ladies	F	VF70	00:56:04	00:50:35	Over by	00:05:29	i.e. 329 secs	167	60	338	Y-5

**Yellow Jersey Results After Race 5 = Nutwood - 3.6 Miles (19th May 2026)**

Runners must complete every race to remain in the Yellow Jersey competition.  
They are ranked by their total combined time for all races.

143 have done all 5 runs

Position	Bib	First Name	Surname	Gender	Club	Category	Time For Race 1	Time For Race 2	Time For Race 3	Time For Race 4	Time For Race 5	Total Time for 5 Races	Gender Pos	Category Pos
1	104	Tom	Bushby	M	City of Hull AC	M	00:20:41	00:18:58	00:25:14	00:19:37	00:21:30	<b>01:46:00</b>	M-1	M-1
2	201	Gregan	Clarkson	M	Kingston upon Hull AC	VM40	00:21:50	00:19:56	00:27:05	00:21:09	00:23:17	<b>01:53:17</b>	M-2	VM40-1
3	148	Jack	Routledge	M	White City Hull RRC	M	00:22:20	00:19:59	00:27:40	00:21:18	00:23:09	<b>01:54:26</b>	M-3	M-2
4	81	Martin	Smith	M	City of Hull AC	VM35	00:21:57	00:19:39	00:28:05	00:21:42	00:23:39	<b>01:55:02</b>	M-4	VM35-1
5	107	Simon	Bishop	M	Beverley Athletic Club	VM45	00:22:56	00:20:13	00:27:55	00:21:59	00:23:23	<b>01:56:26</b>	M-5	VM45-1
6	31	Aaron	England	M	City of Hull AC	M	00:22:32	00:20:34	00:28:19	00:21:53	00:23:29	<b>01:56:47</b>	M-6	M-3
7	231	Lee	Alcock	M	East Hull Harriers & AC	VM45	00:23:02	00:20:14	00:28:32	00:21:55	00:23:19	<b>01:57:02</b>	M-7	VM45-2
8	86	Adrian	Bushby	M	City of Hull AC	VM55	00:23:07	00:20:56	00:28:24	00:22:50	00:23:50	<b>01:59:07</b>	M-8	VM55-1
9	228	Paul	Teece	M	East Hull Harriers & AC	VM45	00:23:50	00:20:18	00:28:26	00:22:31	00:24:54	<b>01:59:59</b>	M-9	VM45-3
10	61	Naomi	Wileman	F	City of Hull AC	F	00:24:11	00:21:12	00:29:04	00:23:21	00:23:58	<b>02:01:46</b>	F-1	F-1
11	82	Paul	Brookes	M	City of Hull AC	VM35	00:23:48	00:21:11	00:29:23	00:22:52	00:24:35	<b>02:01:49</b>	M-10	VM35-2
12	176	Tamsin	Boynton	F	Goole Viking Striders	F	00:23:35	00:21:08	00:29:24	00:22:42	00:26:36	<b>02:03:25</b>	F-2	F-2
13	78	Sherene	Wilshere	F	City of Hull AC	VF35	00:24:01	00:22:00	00:30:01	00:22:55	00:24:44	<b>02:03:41</b>	F-3	VF35-1
14	210	Thomas	Mawer	M	East Hull Harriers & AC	VM35	00:24:56	00:21:36	00:29:53	00:23:06	00:24:45	<b>02:04:16</b>	M-11	VM35-3
15	121	David	Morrison	M	Beverley Athletic Club	VM40	00:25:00	00:21:46	00:30:23	00:24:05	00:24:47	<b>02:06:01</b>	M-12	VM40-2
16	67	Tim	Savage	M	City of Hull AC	VM55	00:24:38	00:22:02	00:30:20	00:23:49	00:25:29	<b>02:06:18</b>	M-13	VM55-2
17	21	Steven	Guymr	M	City of Hull AC	VM35	00:25:17	00:21:59	00:29:58	00:23:47	00:27:00	<b>02:08:01</b>	M-14	VM35-4
18	127	John	Dawson	M	Beverley Athletic Club	VM40	00:25:25	00:22:24	00:31:21	00:24:22	00:25:45	<b>02:09:17</b>	M-15	VM40-3
19	2	Rob	Alexander-Duncan	M	City of Hull AC	VM45	00:26:12	00:22:36	00:31:26	00:24:16	00:25:11	<b>02:09:41</b>	M-16	VM45-4
20	255	Joseph	Healy	M	Fitmums And Friends	M	00:25:57	00:22:05	00:30:54	00:24:50	00:28:18	<b>02:12:04</b>	M-17	M-4
21	198	Martin	Jones	M	Kingston upon Hull AC	VM40	00:26:30	00:23:30	00:32:12	00:25:37	00:25:56	<b>02:13:45</b>	M-18	VM40-4
22	32	James	Greenfield	M	City of Hull AC	M	00:26:05	00:23:03	00:32:40	00:25:23	00:27:09	<b>02:14:20</b>	M-19	M-5
23	226	Mark	Gadie	M	East Hull Harriers & AC	VM45	00:26:17	00:22:39	00:31:36	00:25:29	00:28:27	<b>02:14:28</b>	M-20	VM45-5
24	209	Alan	Smith	M	East Hull Harriers & AC	VM55	00:26:33	00:24:02	00:32:48	00:26:09	00:27:03	<b>02:16:35</b>	M-21	VM55-3
25	59	Paul	Cartwright	M	City of Hull AC	VM65	00:26:53	00:23:32	00:33:02	00:26:21	00:27:15	<b>02:17:03</b>	M-22	VM65-1
26	221	Robyn	Allan	F	East Hull Harriers & AC	F	00:26:29	00:23:49	00:33:07	00:26:02	00:27:37	<b>02:17:04</b>	F-4	F-3
27	140	Simon	Pick	M	Beverley Athletic Club	VM45	00:27:35	00:24:16	00:33:00	00:25:51	00:27:35	<b>02:18:17</b>	M-23	VM45-6
28	233	Martin	Hardey	M	East Hull Harriers & AC	VM50	00:26:36	00:23:54	00:33:27	00:26:25	00:28:05	<b>02:18:27</b>	M-24	VM50-1
29	179	Richard	Harrison	M	Selby Striders	VM55	00:26:08	00:23:50	00:32:28	00:28:17	00:27:51	<b>02:18:34</b>	M-25	VM55-4
30	240	Richard	Slack	M	East Hull Harriers & AC	VM50	00:26:35	00:24:32	00:33:37	00:26:25	00:28:22	<b>02:19:31</b>	M-26	VM50-2
31	1	Tom	Foulds	M	City of Hull AC	VM35	00:30:14	00:24:28	00:33:30	00:25:58	00:26:33	<b>02:20:43</b>	M-27	VM35-5
32	65	Evan	Bowers	M	City of Hull AC	M	00:33:30	00:27:17	00:32:10	00:23:59	00:24:23	<b>02:21:19</b>	M-28	M-6
33	181	Martin	Hutchinson	M	Bridlington Road Runners	VM55	00:27:28	00:24:01	00:34:12	00:26:35	00:29:05	<b>02:21:21</b>	M-29	VM55-5
34	165	Neil	Bentley	M	Goole Viking Striders	VM50	00:28:17	00:25:12	00:33:59	00:26:29	00:28:20	<b>02:22:17</b>	M-30	VM50-3
35	42	Sophie	Lee	F	City of Hull AC	F	00:27:39	00:24:23	00:35:02	00:28:18	00:27:44	<b>02:23:06</b>	F-5	F-4
36	110	Andrew	Johnson	M	Beverley Athletic Club	VM55	00:28:00	00:24:49	00:34:45	00:26:50	00:28:47	<b>02:23:11</b>	M-31	VM55-6
37	251	Samantha	Graham	F	Fitmums And Friends	VF40	00:27:10	00:24:12	00:36:06	00:27:18	00:28:55	<b>02:23:41</b>	F-6	VF40-1
38	248	John	Walker	M	Fitmums And Friends	VM60	00:27:29	00:25:18	00:35:44	00:27:47	00:29:24	<b>02:25:42</b>	M-32	VM60-1
39	41	Stephen	Rennie	M	City of Hull AC	VM70	00:28:30	00:25:50	00:35:19	00:26:44	00:29:40	<b>02:26:03</b>	M-33	VM70-1
40	227	Paul	Nipress	M	East Hull Harriers & AC	VM60	00:31:58	00:24:34	00:34:25	00:27:26	00:28:38	<b>02:27:01</b>	M-34	VM60-2
41	91	Jessica	Khan	F	City of Hull AC	F	00:29:19	00:25:56	00:35:05	00:27:21	00:29:36	<b>02:27:17</b>	F-7	F-5
42	170	Gemma	Oughtred	F	Goole Viking Striders	VF40	00:29:43	00:25:27	00:35:53	00:27:35	00:28:59	<b>02:27:37</b>	F-8	VF40-2
43	171	Tom	Bramham	M	Goole Viking Striders	M	00:29:46	00:25:36	00:35:54	00:27:36	00:28:59	<b>02:27:51</b>	M-35	M-7
44	234	Tony	Alcock	M	East Hull Harriers & AC	VM60	00:28:52	00:25:06	00:35:50	00:28:14	00:30:06	<b>02:28:08</b>	M-36	VM60-3
45	128	Doug	Sharp	M	Beverley Athletic Club	VM50	00:32:40	00:28:07	00:33:31	00:26:41	00:27:20	<b>02:28:19</b>	M-37	VM50-4
46	137	Paul	Clark	M	Beverley Athletic Club	VM55	00:28:57	00:25:07	00:36:29	00:28:39	00:29:53	<b>02:29:05</b>	M-38	VM55-7
47	230	Phoebe	Gawthorpe	F	East Hull Harriers & AC	F	00:28:32	00:26:15	00:36:21	00:28:16	00:29:47	<b>02:29:11</b>	F-9	F-6
48	99	Scott	Blaza	M	City of Hull AC	VM40	00:28:43	00:25:02	00:39:34	00:27:50	00:28:32	<b>02:29:41</b>	M-39	VM40-5
49	18	Ruth	Dalton	F	City of Hull AC	VF45	00:28:39	00:25:23	00:38:39	00:27:10	00:29:58	<b>02:29:49</b>	F-10	VF45-1
50	153	Shaun	McManus	M	White City Hull RRC	VM65	00:29:59	00:26:39	00:36:03	00:28:35	00:30:15	<b>02:31:31</b>	M-40	VM65-2
51	162	Katarzyna	Szalecka	F	Goole Viking Striders	VF50	00:29:46	00:26:35	00:35:56	00:29:09	00:30:12	<b>02:31:38</b>	F-11	VF50-1
52	193	Neil	Nicklin	M	Kingston upon Hull AC	VM40	00:29:13	00:25:09	00:41:33	00:27:56	00:28:42	<b>02:32:33</b>	M-41	VM40-6
53	92	Ian	McCoid	M	City of Hull AC	VM60	00:29:33	00:25:45	00:37:14	00:29:15	00:31:58	<b>02:33:45</b>	M-42	VM60-4
54	35	Matthew	Wilkinson	M	City of Hull AC	VM45	00:28:28	00:32:53	00:36:10	00:27:12	00:29:42	<b>02:34:25</b>	M-43	VM45-7
55	194	Julian	Collinson	M	Kingston upon Hull AC	VM40	00:30:45	00:26:46	00:39:24	00:29:25	00:30:18	<b>02:36:38</b>	M-44	VM40-7
56	132	Rebecca	Whiting	F	Beverley Athletic Club	VF50	00:30:28	00:26:45	00:39:48	00:29:16	00:31:24	<b>02:37:41</b>	F-12	VF50-2
57	189	Paul	Hutchings	M	Kingston upon Hull AC	VM40	00:35:06	00:27:23	00:36:44	00:28:51	00:30:04	<b>02:38:08</b>	M-45	VM40-8
58	232	Andrew	Heath	M	East Hull Harriers & AC	VM35	00:31:09	00:27:26	00:37:24	00:29:37	00:32:38	<b>02:38:14</b>	M-46	VM35-6
59	161	James	Williamson	M	Goole Viking Striders	M	00:31:55	00:25:24	00:37:20	00:31:10	00:33:26	<b>02:39:15</b>	M-47	M-8
60	7	Carl	Horth	M	City of Hull AC	VM40	00:31:26	00:27:25	00:39:10	00:29:48	00:31:49	<b>02:39:38</b>	M-48	VM40-9
61	33	Tony	Chapman	M	City of Hull AC	VM65	00:31:50	00:27:11	00:37:39	00:30:28	00:32:33	<b>02:39:41</b>	M-49	VM65-3
62	200	Andrei	Stefan	M	Kingston upon Hull AC	VM35	00:35:05	00:26:40	00:38:32	00:28:37	00:30:54	<b>02:39:48</b>	M-50	VM35-7
63	15	Darryl	Jones	M	City of Hull AC	VM55	00:30:44	00:27:43	00:39:00	00:30:42	00:32:34	<b>02:40:43</b>	M-51	VM55-8
64	254	Rachel	Proctor	F	Fitmums And Friends	VF45	00:31:19	00:27:13	00:39:58	00:30:11	00:32:31	<b>02:41:12</b>	F-13	VF45-2
65	246	Richard	Alsop	M	East Hull Harriers & AC	VM65	00:30:45	00:27:46	00:39:29	00:30:47	00:32:28	<b>02:41:15</b>	M-52	VM65-4
66	80	Stacey	Smith	F	City of Hull AC	VF35	00:30:47	00:26:50	00:39:22	00:32:45	00:33:00	<b>02:42:44</b>	F-14	VF35-2
67	28	Phil	Jennings	M	City of Hull AC	VM60	00:33:09	00:28:41	00:39:05	00:30:13	00:31:37	<b>02:42:45</b>	M-53	VM60-5

68	147	Marcus	Pearson	M	White City Hull RRC	VM50	00:31:33	00:27:47	00:40:57	00:31:02	00:31:28	02:42:47	M-54	VM50-5
69	139	Tina	Newton	F	Beverley Athletic Club	VF60	00:32:14	00:28:21	00:39:19	00:30:29	00:33:43	02:44:06	F-15	VF60-1
70	57	Brian	Lazenby	M	City of Hull AC	VM45	00:31:42	00:27:56	00:42:08	00:30:30	00:31:51	02:44:07	M-55	VM45-8
71	39	Dinah	Ashbridge	F	City of Hull AC	VF50	00:31:48	00:28:47	00:39:54	00:31:16	00:32:39	02:44:24	F-16	VF50-3
72	169	Richard	Bramham	M	Goole Viking Striders	VM60	00:33:20	00:31:59	00:38:30	00:29:27	00:31:10	02:44:26	M-56	VM60-6
73	68	Chloe	Wilson	F	City of Hull AC	F	00:32:42	00:28:37	00:41:10	00:30:25	00:32:23	02:45:17	F-17	F-7
74	48	Paul	Wilkinson	M	City of Hull AC	VM45	00:38:09	00:30:30	00:38:34	00:29:10	00:29:18	02:45:41	M-57	VM45-9
75	120	Andrew	Tate	M	Beverley Athletic Club	VM60	00:32:49	00:28:03	00:42:19	00:30:54	00:33:13	02:47:18	M-58	VM60-7
76	131	Fiona	Holland	F	Beverley Athletic Club	VF55	00:33:20	00:28:57	00:40:58	00:32:00	00:32:47	02:48:02	F-18	VF55-1
77	262	Sara	Ellis	F	West Hull Ladies	VF50	00:33:06	00:28:56	00:41:27	00:31:42	00:33:33	02:48:44	F-19	VF50-4
78	178	Richard	Freer	M	Selby Striders	VM60	00:31:40	00:27:51	00:40:33	00:33:53	00:35:02	02:48:59	M-59	VM60-8
79	103	Vanessa	Smith	F	City of Hull AC	VF50	00:33:39	00:29:16	00:42:14	00:31:36	00:32:36	02:49:21	F-20	VF50-5
80	13	Jack	Hearnshaw	M	City of Hull AC	M	00:33:44	00:28:27	00:42:44	00:31:05	00:33:41	02:49:41	M-60	M-9
81	46	Carol	Botterill	F	City of Hull AC	VF45	00:32:18	00:33:11	00:41:29	00:30:31	00:32:44	02:50:13	F-21	VF45-3
82	222	Dave	Braithwaite	M	East Hull Harriers & AC	VM55	00:32:44	00:28:52	00:42:31	00:31:51	00:34:19	02:50:17	M-61	VM55-9
83	159	Rebecca	Manchester	F	Barton and District AC	F	00:33:25	00:29:20	00:41:50	00:32:33	00:33:33	02:50:41	F-22	F-8
84	212	Louise	Route	F	East Hull Harriers & AC	VF40	00:33:14	00:27:38	00:40:09	00:32:24	00:33:04	02:51:29	F-23	VF40-3
85	145	Peter	Watkinson	M	Beverley Athletic Club	VM70	00:34:10	00:29:07	00:41:54	00:33:05	00:35:12	02:53:28	M-62	VM70-2
86	17	Helen	Alexander-Duncan	F	City of Hull AC	VF40	00:35:16	00:30:13	00:43:15	00:32:09	00:33:45	02:54:38	F-24	VF40-4
87	182	Heidi	Baker	F	Bridlington Road Runners	VF45	00:34:42	00:30:09	00:41:12	00:31:56	00:37:15	02:55:14	F-25	VF45-4
88	244	Sarah	Padfield	F	East Hull Harriers & AC	VF40	00:35:25	00:30:21	00:42:07	00:33:07	00:35:35	02:56:35	F-26	VF40-5
89	4	Lindi	Day	F	City of Hull AC	VF50	00:36:15	00:30:53	00:42:04	00:33:31	00:34:26	02:57:09	F-27	VF50-6
90	253	Paul	Wood	M	Fitmums And Friends	VM40	00:35:33	00:29:28	00:46:09	00:33:03	00:33:40	02:57:53	M-63	VM40-10
91	45	Andrea	Keen	F	City of Hull AC	VF50	00:35:02	00:31:09	00:42:54	00:33:46	00:35:06	02:57:57	F-28	VF50-7
92	220	Jayne	Allan	F	East Hull Harriers & AC	VF50	00:33:42	00:29:45	00:43:20	00:33:41	00:38:15	02:58:43	F-29	VF50-8
93	54	Patrick	Walker	M	City of Hull AC	VM50	00:33:25	00:30:32	00:45:03	00:34:49	00:34:59	02:58:48	M-64	VM50-6
94	89	Dawn	Stockdale	F	City of Hull AC	VF55	00:35:03	00:30:56	00:42:49	00:33:28	00:36:34	02:58:50	F-30	VF55-2
95	106	Paul	Davis	M	City of Hull AC	VM50	00:34:51	00:30:45	00:45:25	00:33:43	00:34:57	02:59:41	M-65	VM50-7
96	223	Freya	Route	F	East Hull Harriers & AC	F	00:33:14	00:28:39	00:53:14	00:32:14	00:32:50	03:00:11	F-31	F-9
97	213	John	Route	M	East Hull Harriers & AC	VM40	00:33:57	00:29:33	00:47:28	00:34:20	00:34:54	03:00:12	M-66	VM40-11
98	129	Sarah	Fell	F	Beverley Athletic Club	VF50	00:34:45	00:31:02	00:43:23	00:34:34	00:36:35	03:00:19	F-32	VF50-9
99	151	Chris	Ince	M	White City Hull RRC	VM50	00:36:05	00:30:14	00:43:53	00:33:40	00:37:06	03:00:58	M-67	VM50-8
100	208	Shirley	Oglesby	F	East Hull Harriers & AC	VF70	00:35:44	00:30:42	00:44:55	00:33:59	00:36:14	03:01:34	F-33	VF70-1
101	36	Kevin	Penny	M	City of Hull AC	VM65	00:37:11	00:31:28	00:44:48	00:33:51	00:34:35	03:01:53	M-68	VM65-5
102	261	Maria	Diaz	F	West Hull Ladies	VF60	00:35:30	00:30:48	00:46:08	00:33:46	00:36:28	03:02:40	F-34	VF60-2
103	187	Linda	Lees	F	Bridlington Road Runners	VF55	00:35:43	00:31:22	00:44:47	00:34:15	00:37:04	03:03:11	F-35	VF55-3
104	14	Suzie	Hilton-Bell	F	City of Hull AC	VF50	00:35:44	00:32:01	00:43:27	00:35:12	00:37:17	03:03:41	F-36	VF50-10
105	258	Elizabeth	Kilgour	F	Fitmums And Friends	VF45	00:34:06	00:31:10	00:48:23	00:34:37	00:36:07	03:04:23	F-37	VF45-5
106	124	Stuart	Eskrett	M	Beverley Athletic Club	VM60	00:35:22	00:31:05	00:47:11	00:35:28	00:36:18	03:05:24	M-69	VM60-9
107	19	Mike	O'Brien	M	City of Hull AC	VM65	00:35:35	00:32:20	00:46:30	00:34:01	00:38:38	03:07:04	M-70	VM65-6
108	130	Allison	Hayward	F	Beverley Athletic Club	VF55	00:37:43	00:32:58	00:45:56	00:35:37	00:37:16	03:09:30	F-38	VF55-4
109	202	Lewis	Hudson	M	Kingston upon Hull AC	M	00:36:53	00:32:29	00:46:38	00:34:11	00:39:27	03:09:38	M-71	M-10
110	166	Joanna	Brady	F	Goole Viking Striders	VF50	00:38:37	00:33:15	00:45:51	00:34:59	00:38:01	03:10:43	F-39	VF50-11
111	269	Nicki	Woods	F	West Hull Ladies	VF50	00:37:47	00:33:30	00:45:54	00:36:10	00:38:11	03:11:32	F-40	VF50-12
112	185	Dominique	Webster	F	Bridlington Road Runners	VF50	00:35:42	00:32:28	00:46:53	00:35:42	00:40:56	03:11:41	F-41	VF50-13
113	238	David	Anderson	M	East Hull Harriers & AC	VM60	00:37:56	00:33:33	00:47:35	00:36:53	00:36:11	03:12:08	M-72	VM60-10
114	136	Louise	Waite	F	Beverley Athletic Club	VF50	00:38:44	00:33:16	00:47:04	00:36:05	00:37:23	03:12:32	F-42	VF50-14
115	167	Simon	Dickinson	M	Goole Viking Striders	VM55	00:37:23	00:33:06	00:47:36	00:35:43	00:40:02	03:13:50	M-73	VM55-10
116	154	Debbie	Smith	F	White City Hull RRC	VF50	00:38:03	00:33:01	00:47:54	00:36:13	00:38:47	03:13:58	F-43	VF50-15
117	192	Danny	Elliott	M	Kingston upon Hull AC	VM35	00:39:25	00:34:17	00:47:31	00:35:00	00:38:05	03:14:18	M-74	VM35-8
118	164	Sandy	Midgley	F	Goole Viking Striders	VF60	00:38:38	00:33:43	00:47:43	00:37:07	00:38:16	03:15:27	F-44	VF60-3
119	108	Lynne	Beer	F	Beverley Athletic Club	VF50	00:38:24	00:34:07	00:48:35	00:37:00	00:38:13	03:16:19	F-45	VF50-16
120	257	Tamara	Rutter	F	Fitmums And Friends	VF40	00:36:16	00:32:34	00:52:06	00:35:37	00:39:50	03:16:23	F-46	VF40-6
121	113	Megan	Chown	F	Beverley Athletic Club	F	00:42:42	00:31:52	00:47:24	00:35:20	00:40:07	03:17:25	F-47	F-10
122	6	Karl	Proctor	M	City of Hull AC	VM55	00:39:22	00:34:29	00:47:58	00:35:41	00:40:42	03:18:12	M-75	VM55-11
123	247	Danielle	Pinder	F	Fitmums And Friends	F	00:37:29	00:33:36	00:52:05	00:35:49	00:41:27	03:20:26	F-48	F-11
124	71	Anne	Bakker	F	City of Hull AC	VF70	00:38:50	00:34:37	00:49:59	00:38:36	00:39:03	03:21:05	F-49	VF70-2
125	243	Gary	Oades	M	East Hull Harriers & AC	VM65	00:41:24	00:35:02	00:48:41	00:37:21	00:39:39	03:22:07	M-76	VM65-7
126	75	Anthony	Whitley	M	City of Hull AC	VM60	00:38:33	00:34:03	00:49:39	00:35:18	00:45:01	03:22:34	M-77	VM60-11
127	191	Jodie	Skerratt	F	Kingston upon Hull AC	F	00:38:00	00:35:21	00:55:02	00:38:40	00:41:05	03:28:08	F-50	F-12
128	24	Eileen	Henderson	F	City of Hull AC	VF65	00:41:50	00:36:20	00:52:15	00:39:07	00:42:10	03:31:42	F-51	VF65-1
129	76	Sarah	Tock	F	City of Hull AC	VF50	00:40:41	00:35:50	00:52:38	00:38:29	00:45:00	03:32:38	F-52	VF50-17
130	155	Graham	Naylor	M	White City Hull RRC	VM75	00:40:14	00:35:29	00:51:16	00:39:46	00:46:45	03:33:30	M-78	VM75-1
131	190	Daniel	Shiple	M	Kingston upon Hull AC	VM35	00:39:26	00:36:32	00:54:43	00:39:15	00:43:52	03:33:48	M-79	VM35-9
132	219	Stephen	Cronan	M	East Hull Harriers & AC	VM70	00:41:57	00:36:08	00:51:33	00:42:01	00:42:24	03:34:03	M-80	VM70-3
133	8	Kevin	McManus	M	City of Hull AC	VM70	00:43:26	00:36:50	00:51:36	00:39:25	00:43:48	03:35:05	M-81	VM70-4
134	184	David	Foster	M	Bridlington Road Runners	VM65	00:42:13	00:37:34	00:53:32	00:40:03	00:42:49	03:36:11	M-82	VM65-8
135	77	Chris	Hemingway	F	City of Hull AC	VF65	00:44:48	00:38:20	00:52:06	00:39:41	00:44:07	03:39:02	F-53	VF65-2
136	135	Debbie	Levitt	F	Beverley Athletic Club	VF55	00:42:42	00:37:13	00:57:02	00:41:05	00:47:13	03:45:15	F-54	VF55-5
137	195	Paul	Clarke	M	Kingston upon Hull AC	VM75	00:43:05	00:37:43	00:56:53	00:39:58	00:47:52	03:45:31	M-83	VM75-2
138	26	Stephen	Coveney	M	City of Hull AC	VM70	00:45:05	00:40:31	00:57:44	00:42:22	00:49:13	03:54:55	M-84	VM70-5
139	117	Hollie	Oxtoby	F	Beverley Athletic Club	VF35	00:48:14	00:39:13	00:57:56	00:42:37	00:48:15	03:56:15	F-55	VF35-3
140	112	Cat	Williamson	F	Beverley Athletic Club	VF65	00:48:34	00:41:17	00:57:11	00:43:55	00:48:11	03:59:08	F-56	VF65-3
141	16	Katie	May	F	City of Hull AC	VF60	00:46:58	00:42:47	00:57:20	00:44:47	00:48:35	04:00:27	F-57	VF60-4
142	203	Martin	O'Neill	M	Kingston upon Hull AC	VM45	00:51:50	00:43:55	00:59:26	00:49:13	00:52:42	04:17:06	M-85	VM45-10
143	264	Suzanne	Clarkson	F	West Hull Ladies	VF70	00:52:33	00:47:16	01:05:49	00:50:10	00:56:04	04:31:52	F-58	VF70-3

**Best 3 points from 5 Races**

(Final points will be best 8 from 10)

Points	Ranking	Bib	Name	Club	Gender	Category	Best 3 from 5	Race 1	Race 2	Race 3	Race 4	Race 5
	1	111	Nigel Wilson	Beverley Athletic Club	M	VM60	255	75	120	0	60	0
	2	65	Evan Bowers	City of Hull AC	M	M	249	75	60	86	72	88
	3	48	Paul Wilkinson	City of Hull AC	M	VM45	247	75	60	87	60	85
	4	35	Matthew Wilkinson	City of Hull AC	M	VM45	244	75	60	100	69	60
	5	223	Freya Route	East Hull Harriers & AC	F	F	242	75	64	60	100	67
	6	128	Doug Sharp	Beverley Athletic Club	M	VM50	241	75	62	88	60	78
	7=	154	Debbie Smith	White City Hull RRC	F	VF50	240	75	105	60	60	60
	7=	208	Shirley Oglesby	East Hull Harriers & AC	F	VF70	240	75	105	60	60	60
	9	99	Scott Blaza	City of Hull AC	M	VM40	236	75	60	60	81	80
	10	238	David Anderson	East Hull Harriers & AC	M	VM60	235	75	60	60	60	100
	11=	42	Sophie Lee	City of Hull AC	F	F	230	75	60	60	60	95
	11=	141	Jackie Hardman	Beverley Athletic Club	F	VF70	230	75	0	60	95	60
	11=	169	Richard Bramham	Goole Viking Striders	M	VM60	230	75	60	95	60	60
	14=	73	Elaine Julian	Beverley Athletic Club	F	VF60	229	75	78	76	0	0
	14=	193	Neil Nicklin	Kingston upon Hull AC	M	VM40	229	75	60	60	86	68
	16=	97	Jacob Zobkiw	City of Hull AC	M	VM35	228	75	89	64	0	60
	16=	192	Danny Elliott	Kingston upon Hull AC	M	VM35	228	75	81	72	60	60
	16=	217	Dawn Oades	East Hull Harriers & AC	F	VF45	228	75	80	73	0	60
	16=	244	Sarah Padfield	East Hull Harriers & AC	F	VF40	228	75	85	68	60	60
	20	76	Sarah Tock	City of Hull AC	F	VF50	227	75	80	60	72	60
	21=	59	Paul Cartwright	City of Hull AC	M	VM65	226	75	60	60	60	91
	21=	195	Paul Clarke	Kingston upon Hull AC	M	VM75	226	75	67	60	84	60
	23=	3	Alex Lazenby	City of Hull AC	M	M	225	75	60	60	90	0
	23=	179	Richard Harrison	Selby Striders	M	VM55	225	75	60	60	60	90
	25=	4	Lindi Day	City of Hull AC	F	VF50	224	75	67	82	60	60
	25=	6	Karl Proctor	City of Hull AC	M	VM55	224	75	82	67	60	60
	25=	17	Helen Alexander-Duncan	City of Hull AC	F	VF40	224	75	89	60	60	60
	25=	46	Carol Botterill	City of Hull AC	F	VF45	224	75	60	89	60	60
	25=	130	Allison Hayward	Beverley Athletic Club	F	VF55	224	75	75	74	60	60
	25=	145	Peter Watkinson	Beverley Athletic Club	M	VM70	224	75	89	60	60	60
	25=	229	Andrew Tweddell	East Hull Harriers & AC	M	VM55	224	75	89	0	60	0
	25=	257	Tamara Rutter	Fitmums And Friends	F	VF40	224	75	60	60	89	60
	33	247	Danielle Pinder	Fitmums And Friends	F	F	223	75	60	60	88	60
	34=	191	Jodie Skerratt	Kingston upon Hull AC	F	F	222	75	60	60	87	60
	34=	219	Stephen Cronan	East Hull Harriers & AC	M	VM70	222	75	60	60	60	87
	36=	120	Andrew Tate	Beverley Athletic Club	M	VM60	221	75	76	60	70	60
	36=	198	Martin Jones	Kingston upon Hull AC	M	VM40	221	75	60	60	60	86
	38=	61	Naomi Wileman	City of Hull AC	F	F	220	75	60	60	60	85
	38=	116	David Butt	Beverley Athletic Club	M	VM70	220	75	60	85	60	0
	38=	166	Joanna Brady	Goole Viking Striders	F	VF50	220	75	67	78	60	60
	38=	199	Graham Gibson	Kingston upon Hull AC	M	VM55	220	75	0	60	85	60
	38=	231	Lee Alcock	East Hull Harriers & AC	M	VM45	220	75	60	80	60	65
	43=	14	Suzie Hilton-Bell	City of Hull AC	F	VF50	219	75	60	84	60	60
	43=	164	Sandy Midgley	Goole Viking Striders	F	VF60	219	75	84	60	60	60
	45=	18	Ruth Dalton	City of Hull AC	F	VF45	218	75	60	60	83	60
	45=	58	Robert Wilkinson	City of Hull AC	M	VM75	218	75	83	60	60	0
	45=	69	Katie Rudge	City of Hull AC	F	F	218	75	60	83	60	0
	45=	190	Daniel Shipley	Kingston upon Hull AC	M	VM35	218	75	60	60	83	60
	45=	264	Suzanne Clarkson	West Hull Ladies	F	VF70	218	75	73	60	70	60
	50	71	Anne Bakker	City of Hull AC	F	VF70	217	75	60	60	60	82
	51=	5	Carl Barnaby	City of Hull AC	M	VM40	216	75	60	0	60	81
	51=	269	Nicki Woods	West Hull Ladies	F	VF50	216	75	60	81	60	60
	53=	45	Andrea Keen	City of Hull AC	F	VF50	215	75	60	80	60	60
	53=	68	Chloe Wilson	City of Hull AC	F	F	215	75	60	60	80	60
	53=	121	David Morrison	Beverley Athletic Club	M	VM40	215	75	60	60	60	80
	53=	177	Susan Farr	Selby Striders	F	VF60	215	75	60	80	0	60
	57=	1	Tom Foulds	City of Hull AC	M	VM35	214	75	60	60	60	79
	57=	135	Debbie Levitt	Beverley Athletic Club	F	VF55	214	75	60	60	79	60
	57=	182	Heidi Baker	Bridlington Road Runners	F	VF45	214	75	62	77	60	60
	60=	75	Anthony Whitley	City of Hull AC	M	VM60	213	75	60	60	78	60
	60=	80	Stacey Smith	City of Hull AC	F	VF35	213	75	60	60	60	78
	60=	144	Isabelle Horrocks	Beverley Athletic Club	F	F	213	75	78	60	0	0
	63	176	Tamsin Boynton	Goole Viking Striders	F	F	212	75	60	60	77	60
	64=	41	Stephen Rennie	City of Hull AC	M	VM70	211	75	60	60	76	60
	64=	89	Dawn Stockdale	City of Hull AC	F	VF55	211	75	60	76	60	60

64=	147	Marcus Pearson	White City Hull RRC	M	VM50	211	75	60	60	60	76
67=	54	Patrick Walker	City of Hull AC	M	VM50	210	75	60	60	60	75
67=	78	Sherene Wilshere	City of Hull AC	F	VF35	210	75	60	60	75	60
67=	155	Graham Naylor	White City Hull RRC	M	VM75	210	75	75	60	60	60
70=	82	Paul Brookes	City of Hull AC	M	VM35	209	75	60	60	74	60
70=	86	Adrian Bushby	City of Hull AC	M	VM55	209	75	60	60	60	74
70=	138	Daniel Hammond	Beverley Athletic Club	M	VM50	209	0	60	60	60	89
70=	252	Laura Dean	Fitmums And Friends	F	VF45	209	75	60	60	74	0
74=	2	Rob Alexander-Duncan	City of Hull AC	M	VM45	208	75	60	60	60	73
74=	13	Jack Hearnshaw	City of Hull AC	M	M	208	75	73	60	60	60
74=	150	Les Taylor	White City Hull RRC	M	VM75	208	75	73	60	0	60
77	77	Chris Hemingway	City of Hull AC	F	VF65	207	75	60	72	60	60
78=	19	Mike OBrien	City of Hull AC	M	VM65	205	75	60	60	70	60
78=	129	Sarah Fell	Beverley Athletic Club	F	VF50	205	75	60	70	60	60
78=	165	Neil Bentley	Goole Viking Striders	M	VM50	205	75	60	60	70	60
78=	261	Maria Diaz	West Hull Ladies	F	VF60	205	75	70	60	60	60
82=	33	Tony Chapman	City of Hull AC	M	VM65	204	75	69	60	60	60
82=	184	David Foster	Bridlington Road Runners	M	VM65	204	75	69	60	60	60
82=	209	Alan Smith	East Hull Harriers & AC	M	VM55	204	75	60	60	60	69
82=	258	Elizabeth Kilgour	Fitmums And Friends	F	VF45	204	75	60	60	69	60
86	30	Joe Boyes	City of Hull AC	M	VM35	203	0	0	60	60	83
87=	143	David Elliott-Button	Beverley Athletic Club	M	VM40	202	0	60	60	60	82
87=	210	Thomas Mawer	East Hull Harriers & AC	M	VM35	202	75	60	60	67	60
87=	253	Paul Wood	Fitmums And Friends	M	VM40	202	75	60	60	64	63
90=	107	Simon Bishop	Beverley Athletic Club	M	VM45	201	75	60	60	60	66
90=	117	Hollie Oxtoby	Beverley Athletic Club	F	VF35	201	75	60	60	66	60
90=	206	Mathew Bain	Kingston upon Hull AC	M	VM40	201	75	60	66	60	0
93=	12	Susan Fletcher	City of Hull AC	F	VF50	200	0	60	80	0	60
93=	16	Katie May	City of Hull AC	F	VF60	200	75	60	65	60	60
93=	207	Lily Blount	Kingston upon Hull AC	F	F	200	0	0	60	80	60
93=	213	John Route	East Hull Harriers & AC	M	VM40	200	75	60	60	60	65
93=	251	Samantha Graham	Fitmums And Friends	F	VF40	200	75	60	60	65	60
98	10	Sue Reast	City of Hull AC	F	VF60	199	75	60	64	0	60
99	26	Stephen Coveney	City of Hull AC	M	VM70	198	75	63	60	60	60
100=	38	Louise Shafei	City of Hull AC	F	VF60	197	75	60	62	0	60
100=	104	Tom Bushby	City of Hull AC	M	M	197	75	60	60	62	60
100=	194	Julian Collinson	Kingston upon Hull AC	M	VM40	197	75	60	60	60	62
100=	200	Andrei Stefan	Kingston upon Hull AC	M	VM35	197	75	60	60	62	60
100=	243	Gary Oades	East Hull Harriers & AC	M	VM65	197	75	60	62	60	60
105	131	Fiona Holland	Beverley Athletic Club	F	VF55	196	75	60	60	60	61
106=	7	Carl Horth	City of Hull AC	M	VM40	195	75	60	60	60	60
106=	8	Kevin McManus	City of Hull AC	M	VM70	195	75	60	60	60	60
106=	9	Sarah Clague	City of Hull AC	F	VF45	195	75	0	60	60	60
106=	15	Darryl Jones	City of Hull AC	M	VM55	195	75	60	60	60	60
106=	20	Daniel Barrass	City of Hull AC	M	VM45	195	75	60	60	60	0
106=	21	Steven Guymer	City of Hull AC	M	VM35	195	75	60	60	60	60
106=	22	Alex Czapla	City of Hull AC	M	M	195	75	60	0	60	60
106=	24	Eileen Henderson	City of Hull AC	F	VF65	195	75	60	60	60	60
106=	28	Phil Jennings	City of Hull AC	M	VM60	195	75	60	60	60	60
106=	31	Aaron England	City of Hull AC	M	M	195	75	60	60	60	60
106=	32	James Greenfield	City of Hull AC	M	M	195	75	60	60	60	60
106=	36	Kevin Penny	City of Hull AC	M	VM65	195	75	60	60	60	60
106=	39	Dinah Ashbridge	City of Hull AC	F	VF50	195	75	60	60	60	60
106=	43	Kate OBrien	City of Hull AC	F	VF35	195	75	0	60	0	60
106=	44	Gemma Stephenson	City of Hull AC	F	VF40	195	75	0	60	60	60
106=	47	Brian Lee	City of Hull AC	M	VM60	195	75	60	0	60	60
106=	49	Rachel Anderson	City of Hull AC	F	VF45	195	75	60	60	60	0
106=	56	Stuart Buchan	City of Hull AC	M	VM65	195	75	60	60	60	0
106=	57	Brian Lazenby	City of Hull AC	M	VM45	195	75	60	60	60	60
106=	63	Jack Caulfield	City of Hull AC	M	M	195	75	60	60	0	60
106=	66	Kobus VanderWesthuizen	City of Hull AC	M	VM55	195	75	60	0	60	60
106=	67	Tim Savage	City of Hull AC	M	VM55	195	75	60	60	60	60
106=	70	Ian Peskey	City of Hull AC	M	VM55	195	75	60	0	0	60
106=	72	Anita Akmentina	City of Hull AC	F	VF45	195	75	60	60	0	60
106=	74	Rupert Wilks	City of Hull AC	M	VM55	195	75	60	60	60	0
106=	79	John Escritt	City of Hull AC	M	VM65	195	75	60	0	60	0
106=	81	Martin Smith	City of Hull AC	M	VM35	195	75	60	60	60	60
106=	85	Pete Baker	City of Hull AC	M	VM45	195	75	0	60	60	60
106=	87	Andy Hemmings	City of Hull AC	M	VM45	195	75	60	0	0	60

106=	88	Daniel Scott	City of Hull AC	M	VM40	195	75	60	60	0	60
106=	91	Jessica Khan	City of Hull AC	F	F	195	75	60	60	60	60
106=	92	Ian McCoid	City of Hull AC	M	VM60	195	75	60	60	60	60
106=	95	Alix Hayes	City of Hull AC	F	F	195	75	60	60	0	60
106=	101	Stephen Dean	City of Hull AC	M	VM50	195	75	60	60	60	0
106=	103	Vanessa Smith	City of Hull AC	F	VF50	195	75	60	60	60	60
106=	105	Jordan Greenwood	City of Hull AC	M	VM35	195	75	60	0	0	60
106=	106	Paul Davis	City of Hull AC	M	VM50	195	75	60	60	60	60
106=	108	Lynne Beer	Beverley Athletic Club	F	VF50	195	75	60	60	60	60
106=	110	Andrew Johnson	Beverley Athletic Club	M	VM55	195	75	60	60	60	60
106=	112	Cat Williamson	Beverley Athletic Club	F	VF65	195	75	60	60	60	60
106=	113	Megan Chown	Beverley Athletic Club	F	F	195	75	60	60	60	60
106=	115	Carol Cooke	Beverley Athletic Club	F	VF65	195	75	60	60	60	0
106=	118	Sam Allen	Beverley Athletic Club	F	VF50	195	75	0	60	60	60
106=	119	Bruce Woodford	Beverley Athletic Club	M	VM50	195	75	0	0	60	60
106=	122	Mike McGrath	Beverley Athletic Club	M	VM35	195	75	60	60	60	0
106=	124	Stuart Eskrett	Beverley Athletic Club	M	VM60	195	75	60	60	60	60
106=	126	William Pike	Beverley Athletic Club	M	VM55	195	75	60	60	0	60
106=	127	John Dawson	Beverley Athletic Club	M	VM40	195	75	60	60	60	60
106=	132	Rebecca Whiting	Beverley Athletic Club	F	VF50	195	75	60	60	60	60
106=	133	Jacqui Dickinson	Beverley Athletic Club	F	VF65	195	75	60	0	60	60
106=	134	Kay Farrow	Beverley Athletic Club	F	VF65	195	75	0	60	60	60
106=	136	Louise Waite	Beverley Athletic Club	F	VF50	195	75	60	60	60	60
106=	137	Paul Clark	Beverley Athletic Club	M	VM55	195	75	60	60	60	60
106=	139	Tina Newton	Beverley Athletic Club	F	VF60	195	75	60	60	60	60
106=	140	Simon Pick	Beverley Athletic Club	M	VM45	195	75	60	60	60	60
106=	146	Neil Wright	Beverley Athletic Club	M	VM45	195	75	60	60	60	0
106=	148	Jack Routledge	White City Hull RRC	M	M	195	75	60	60	60	60
106=	151	Chris Ince	White City Hull RRC	M	VM50	195	75	60	60	60	60
106=	152	Ian Tasker	White City Hull RRC	M	VM50	195	75	0	60	0	60
106=	153	Shaun McManus	White City Hull RRC	M	VM65	195	75	60	60	60	60
106=	156	Jon Wilson	Barton and District AC	M	VM50	195	75	60	60	60	0
106=	158	Louise Binns	Barton and District AC	F	VF50	195	75	60	60	0	0
106=	159	Rebecca Manchester	Barton and District AC	F	F	195	75	60	60	60	60
106=	161	James Williamson	Goole Viking Striders	M	M	195	75	60	60	60	60
106=	162	Katarzyna Szalecka	Goole Viking Striders	F	VF50	195	75	60	60	60	60
106=	163	Max Price	Goole Viking Striders	M	M	195	75	60	60	60	0
106=	167	Simon Dickinson	Goole Viking Striders	M	VM55	195	75	60	60	60	60
106=	168	Philippa Oldridge	Goole Viking Striders	F	F	195	75	0	60	60	60
106=	170	Gemma Oughtred	Goole Viking Striders	F	VF40	195	75	60	60	60	60
106=	171	Tom Bramham	Goole Viking Striders	M	M	195	75	60	60	60	60
106=	172	Heather Seaton	Goole Viking Striders	F	VF50	195	75	60	0	0	60
106=	173	Martin Beecham	Goole Viking Striders	M	VM50	195	75	60	60	0	60
106=	174	Stuart Steels	Goole Viking Striders	M	VM35	195	75	0	0	60	60
106=	178	Richard Freer	Selby Striders	M	VM60	195	75	60	60	60	60
106=	180	Joanna Donnelly	Selby Striders	F	VF45	195	75	0	60	0	60
106=	181	Martin Hutchinson	Bridlington Road Runners	M	VM55	195	75	60	60	60	60
106=	185	Dominique Webster	Bridlington Road Runners	F	VF50	195	75	60	60	60	60
106=	187	Linda Lees	Bridlington Road Runners	F	VF55	195	75	60	60	60	60
106=	188	Sarah Rowland	Kingston upon Hull AC	F	VF35	195	75	60	60	60	0
106=	189	Paul Hutchings	Kingston upon Hull AC	M	VM40	195	75	60	60	60	60
106=	197	Vicky Price	Kingston upon Hull AC	F	F	195	75	60	0	0	60
106=	201	Gregan Clarkson	Kingston upon Hull AC	M	VM40	195	75	60	60	60	60
106=	202	Lewis Hudson	Kingston upon Hull AC	M	M	195	75	60	60	60	60
106=	203	Martin O'Neill	Kingston upon Hull AC	M	VM45	195	75	60	60	60	60
106=	204	Oliver Grindell	Kingston upon Hull AC	M	M	195	75	0	60	0	60
106=	212	Louise Route	East Hull Harriers & AC	F	VF40	195	75	60	60	60	60
106=	214	David Walmsley	East Hull Harriers & AC	M	VM60	195	75	60	60	60	0
106=	215	Paul Poucher	East Hull Harriers & AC	M	VM60	195	75	0	60	60	60
106=	216	Linda Tichopad	East Hull Harriers & AC	F	VF65	195	75	60	60	60	0
106=	218	Stephen Tichopad	East Hull Harriers & AC	M	VM55	195	75	0	0	60	60
106=	220	Jayne Allan	East Hull Harriers & AC	F	VF50	195	75	60	60	60	60
106=	221	Robyn Allan	East Hull Harriers & AC	F	F	195	75	60	60	60	60
106=	222	Dave Braithwaite	East Hull Harriers & AC	M	VM55	195	75	60	60	60	60
106=	226	Mark Gadie	East Hull Harriers & AC	M	VM45	195	75	60	60	60	60
106=	227	Paul Nippress	East Hull Harriers & AC	M	VM60	195	75	60	60	60	60
106=	228	Paul Teece	East Hull Harriers & AC	M	VM45	195	75	60	60	60	60
106=	230	Phoebe Gawthorpe	East Hull Harriers & AC	F	F	195	75	60	60	60	60
106=	232	Andrew Heath	East Hull Harriers & AC	M	VM35	195	75	60	60	60	60

106=	233	Martin Hardey	East Hull Harriers & AC	M	VM50	195	75	60	60	60	60
106=	234	Tony Alcock	East Hull Harriers & AC	M	VM60	195	75	60	60	60	60
106=	237	Daniel Little	East Hull Harriers & AC	M	VM45	195	75	60	60	0	60
106=	239	Claire Price	East Hull Harriers & AC	F	VF50	195	75	60	60	0	60
106=	240	Richard Slack	East Hull Harriers & AC	M	VM50	195	75	60	60	60	60
106=	241	Leah Garbutt	East Hull Harriers & AC	F	F	195	75	60	60	60	0
106=	246	Richard Alsop	East Hull Harriers & AC	M	VM65	195	75	60	60	60	60
106=	248	John Walker	Fitmums And Friends	M	VM60	195	75	60	60	60	60
106=	249	Hannah Jarvis	Fitmums And Friends	F	F	195	75	60	0	60	0
106=	250	Glenn Silburn	Fitmums And Friends	M	VM65	195	75	60	0	60	60
106=	254	Rachel Proctor	Fitmums And Friends	F	VF45	195	75	60	60	60	60
106=	255	Joseph Healy	Fitmums And Friends	M	M	195	75	60	60	60	60
106=	259	Barrie Cracknell	Fitmums And Friends	F	VF55	195	75	0	60	60	60
106=	262	Sara Ellis	West Hull Ladies	F	VF50	195	75	60	60	60	60
106=	265	Rachel Clinton	West hull ladies	F	F	195	75	60	60	0	60
106=	266	Angela Salisbury	West Hull Ladies	F	VF55	195	75	0	0	60	60
106=	267	Louise Watkinson	West Hull Ladies	F	F	195	75	60	0	60	0
106=	270	Aaron Larkin	White City Hull RRC	M	M	195	75	60	60	0	60
106=	271	Tom Jorna	Beverley Athletic Club	M	VM40	195	75	0	60	60	60
223	27	Igor Manestar	City of Hull AC	M	VM40	190	0	0	60	70	60
224	109	Rachael Hill	Beverley Athletic Club	F	VF45	189	0	60	69	60	60
225	102	Elliott Spicer	City of Hull AC	M	VM40	183	0	60	60	63	0
226=	11	Isabel Davison	City of Hull AC	F	F	180	0	60	60	0	60
226=	23	Naomi Prutton	City of Hull AC	F	VF45	180	0	60	60	60	60
226=	149	Andrew Currie	White City Hull RRC	M	VM65	180	0	60	60	60	60
226=	157	Sophie Iannidardi	Barton and District AC	F	F	180	0	0	60	60	60
226=	260	Rachel Whittaker	West Hull Ladies	F	VF45	180	0	60	60	0	60
226=	263	Lynne Parkin	West Hull Ladies	F	VF50	180	0	60	60	60	60
232	100	Paul Furness	City of Hull AC	M	VM55	150	0	60	90	0	0
233=	25	Jim Harlock	City of Hull AC	M	VM60	135	75	0	0	0	60
233=	34	Ian Wright	City of Hull AC	M	VM40	135	75	0	0	60	0
233=	51	James Spurgeon	City of Hull AC	M	VM40	135	75	0	0	60	0
233=	60	Zoe Munday	City of Hull AC	F	VF40	135	75	0	0	0	60
233=	62	Claire Nimmo	Kingston upon Hull AC	F	VF35	135	75	0	0	60	0
233=	64	Maureen Wilkinson	City of Hull AC	F	VF75	135	75	0	60	0	0
233=	94	Paul Shepherd	City of Hull AC	M	VM55	135	75	0	60	0	0
233=	142	Jacob Jorna	Beverley Athletic Club	M	M	135	75	0	0	60	0
233=	175	Kathy Nicholson	Goole Viking Striders	F	F	135	75	0	60	0	0
233=	186	Robert Davis	Bridlington Road Runners	M	M	135	75	60	0	0	0
233=	196	Jacob Farmer	Kingston upon Hull AC	M	M	135	75	60	0	0	0
233=	211	Janice Wilcock	East Hull Harriers & AC	F	VF50	135	75	0	60	0	0
233=	224	Rachael Sharp	East Hull Harriers & AC	F	VF45	135	75	0	0	60	0
233=	235	Chris Sumpton	East Hull Harriers & AC	M	VM50	135	75	60	0	0	0
233=	236	Ty Brooks	East Hull Harriers & AC	M	VM45	135	75	0	60	0	0
233=	245	Michael Petersen	East Hull Harriers & AC	M	VM50	135	75	60	0	0	0
249=	37	Neil May	City of Hull AC	M	VM65	120	0	0	60	0	60
249=	55	Natalie Angelopoulos	City of Hull AC	F	VF40	120	0	0	60	60	0
249=	84	Jim Rogers	City of Hull AC	M	VM60	120	0	60	60	0	0
249=	90	Jan Suddaby	City of Hull AC	F	VF60	120	0	60	0	0	60
249=	125	David Percival	Beverley Athletic Club	M	VM45	120	0	0	60	60	0
249=	205	Jack Arnold	Kingston upon Hull AC	M	M	120	0	60	0	0	60
255	50	Colleen Thundercliffe	City of Hull AC	F	VF55	75	75	0	0	0	0
255	93	Nick Maynard	City of Hull AC	M	VM50	75	75	0	0	0	0
255	96	Denis Sweeney	City of Hull AC	M	VM45	75	75	0	0	0	0
255	123	Paul Allen	Beverley Athletic Club	M	VM60	75	75	0	0	0	0
259	40	Tom Ramsey	City of Hull AC	M	M	60	0	0	60	0	0
259	52	Jeannine Ursell	City of Hull AC	F	VF45	60	0	60	0	0	0
259	114	Jenny Hamlyn	Beverley Athletic Club	F	VF45	60	0	0	0	60	0
259	272	Martin Train	East Hull Harriers & AC	M	VM40	60	0	0	60	0	0
263	29	John Pawson	City of Hull AC	M	VM80	0	0	0	0	0	0
263	53	Frank Harrison	City of Hull AC	M	VM85	0	0	0	0	0	0
263	83	Rich Rex	City of Hull AC	M	VM55	0	0	0	0	0	0
263	98	Moustafa Mortada	City of Hull AC	M	VM45	0	0	0	0	0	0
263	160	Mark Nettleton	Barton and District AC	M	VM60	0	0	0	0	0	0
263	183	William Whitehead	Bridlington Road Runners	M	VM60	0	0	0	0	0	0
263	225	Mark Bissell	East Hull Harriers & AC	M	VM35	0	0	0	0	0	0
263	242	Tony Payne	East Hull Harriers & AC	M	VM80	0	0	0	0	0	0
263	256	Michael Kilgour	Fitmums And Friends	M	VM50	0	0	0	0	0	0
263	268	Sandra Holdsworth	West Hull Ladies	F	VF65	0	0	0	0	0	0

### Team Results After Race 5 = Nutwood - 3.6 Miles (19th May 2026)

N.B. The two highest points are taken from the three team members

Team Position	Team Name	Points
1	Triple Trouble	411
2	Two Pensions And A Paycheque	406
3	Lucy's Toy Boys	404
4	Heart And Sole	403
5	Girls Just Want To Have Fun	402
6=	Dan <sup>2</sup> + Julian (The Running Equation)	397
6=	Sweat, Smile, Repeat	397
8	Unruly Bush	396
9=	The Team With No Name	395
9=	What no cake?	395
11	Scrambled Legs	394
12	Couple Goals and a Third Wheel	393
13	Only Here For The T-Shirt	392
14	Hollie Bolli And The Grand Cru	391
15	The Bubbly Brigade	389
16	One Step At A Time	388
17	Run Like The Wind	385
18	A Horth and Two Fillies	383
19	Eee by run	381
20	Still Better Than Therapy	380
21=	3/4 Of The RWs	379
21=	The Impromptu Runners	379
23=	2 Gents And A Jet	377
23=	DHL Track and Pace	377
25	White City Wheelchair Warriors	376
26	The Purple Pizza Eaters	375
27=	A Peacock Between Two Tigers	374
27=	BHS 175 Years And Still Going	374
29	Three Sheets To the Wind	373
30=	Club Rejects	370
30=	Divas With Grit	370
30=	Rapid Fire Movement	370
33=	Large, Slow And Medium Go	369
33=	The Sheep Ladies	369
35	Too old to care...Too fast to catch!	368
36	1893 Red Bandits	367
37=	Cirque du Sore Legs	360
37=	Gone Fishing	360
37=	Hull Of A Team	360
37=	Laura's Legs	360
37=	Partners In Wine	360
37=	The Golden Oldies	360
37=	The Madri Massive	360
37=	The Red Devils Wear Strava	360
37=	Who runs the world?	360
46	Speedy Pants	325
47	The Last Minute Legends	322
48	Legs Miserable	314
49	Not A Cat On Hills Chance	300